

**MARCH 2013 KATHMANDU, NEPAL**

## Dear Friends

NYF has long supported a sponsorship program, introducing our children to the wider world and providing sponsors with a window into the lives of children in Nepal. Most of these relationships have lasted for many years. The sponsors enjoy their connection with the children through letters and pictures and progress reports from our staff, and the children are thrilled to know that someone outside their circle cares about them. Many sponsors have visited their kids, cementing the bonds even further. Sponsors have often written us about the enjoyment they receive from their correspondence with these lively children, and how much gratification they get from following their transformation from the time they come to us, scared and traumatized, to successful and confident adulthood.

Cecilia Cadet, her husband and a friend, sponsored for many years a boy who grew up at J House, our home for boys in Kathmandu. Cecilia first came to Nepal 15 years ago as a volunteer nurse for a project that performed plastic surgeries in developing countries. Kumar (not his real name) arrived at the clinic with his brother after a two-day bus journey, with a medical problem that the plastic surgery team could not repair. He was born with his bladder outside his body and serious orthopedic complications associated with the condition. Kumar had spent his young life more or less as an outcast – a urine-soaked towel wrapped around his middle; he had never been to school. Plastic surgery was not the answer for his problem, and the visiting surgeons could not help him.

Cecilia took an interest in his condition and could not get him out of her mind. She thought that if she could get Kumar to the U.S., he could get corrective surgery – which

was not available in Nepal at that time. Through a friend in Kathmandu, she heard that the year before, I (Olga) had brought just such boy to the U.S. for surgery (thank you, Dr. Gilbert and California Pacific Hospital), and she contacted her to figure out if, together, they could come up with a solution. Olga said that she would take care of getting Kumar to the U.S. if Cecilia could arrange for medical care at Stanford Children's Hospital (where she was a nurse manager), and find a host family to care for him during his recovery from surgery.

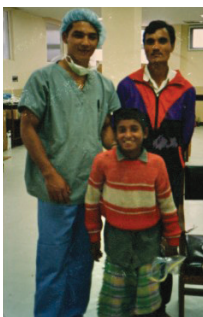


**Cecilia Cadet  
and Ed Marlatt  
with Kumar**

And it happened! Stanford agreed to perform the very complex operation without cost, and Cecilia enlisted an amazing couple that lived not far from the hospital, to act as his host family following surgery. The operation took seven hours and required the assistance of specialists in urology and orthopedics. It was a great success. Kumar was in a body cast for months and required intensive attention, but the family that sheltered him cared for him lovingly and carefully. They even hired a private tutor to start him on the road to literacy.

Kumar returned to Nepal after six months, a radically changed little boy. He was able to do other things that boys of his age enjoyed. He grew up at J House under the sponsorship of Cecilia and Ed and their close friend, Sue. After he left the house, NYF provided him with training as a physician's assistant. He has a good job and is supporting himself for a Bachelor's degree in public health.

Kumar stayed in close touch with his sponsors throughout the years, "It was very exciting to hear first-hand stories of Kumar," said Cecilia "Sponsoring Kumar has



**Kumar at Stanford Children's Hospital**





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brought great joy to our lives.” These comments are typical of what other sponsors experience.

If you are interested in sponsoring a child at J or K House, in boarding school, or in college, please call us at (415) 331-8585 or email [info@nepalyouthfoundation.org](mailto:info@nepalyouthfoundation.org). We would be happy to match you with one of the delightful children in our program.

Warm regards, Som and Olga

## Sponsoring a Nepali child can change their life *and* yours.

For as little as \$300 a year, you can provide schooling for children who have nothing and help them to become healthy, confident and successful adults. NYF supports children in a wide range of educational programs, including schools for the disabled and colleges in Kathmandu. Please consider giving a Nepali child an education and the unimagined opportunities that come with it.

**Boarding school.** You can support a child who does not have a home, a family, or anywhere else to turn, by paying for them to attend a good boarding school in Kathmandu. Your sponsorship of \$1,400 will pay all of a child's school, medical, and living expenses. Sponsors of boarding school students receive letters from their child twice a year, as well as photographs and updated letters from NYF staff.

**College scholarships.** Many bright, motivated Nepali students complete high school but have no hope of paying for college. You can provide a child with the means to earn a college degree. NYF gives priority to women, the disabled, and applicants of low-caste, who are severely disadvantaged in Nepali society. A college scholarship costs only \$750 per year. Sponsors of a college student receive personal letters from the child, photographs, and updates from NYF's staff about the child's progress.



**NYF scholarships break the cycle of poverty**

**Scholarships for disabled students.** You can enable a disabled child who cannot go to a regular school to learn to be independent, as well as to receive an education. NYF supports students from grade school to college, and beyond, who are blind, deaf, and have other disabilities. Without the funding to attend special schools, these children would not even be able to read or write, and would have no way to earn a living. The cost of providing one of these children with an education is \$300 per year.

**J and K House.** The children in J and K House are orphans, disabled, former child beggars, or abandoned or abused by their families. They now live in two of the best children's homes in Nepal, surrounded by loving, supportive people. They are receiving excellent educations that will afford them opportunities that would have been unthinkable without NYF's help. Many of the new members of J and K House are in need of sponsors. For \$1900 per year, you can provide a child with a home, an education, and all the love a family can provide. These children correspond with their sponsors regularly, and a number of the sponsors have visited them in Kathmandu. Sponsors also receive photographs of their child and information about their academic progress.

**Please help us transform lives.**

Email us at [info@nepalyouthfoundation.org](mailto:info@nepalyouthfoundation.org) or call 415-331-8585.

