



# Annual Report 2018-2019

Creating Hope & Opportunity for Brighter Futures Celebrating the NYF Family

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At Nepal Youth Foundation, our mission is to provide hope and opportunity to Nepal's most impoverished children by providing them what is every child's birthright: Freedom, Health, Shelter, and Education.

#### Dear Friends.

In a country with very little social safety net, children are among the most vulnerable. With your help, we're directly making a profound difference in the lives of more than 2,000 children and youth each year, with thousands more benefiting through their families.

We're particularly proud of the over \$6 million NYF has invested in major projects like Olgapuri construction and earthquake relief efforts in recent years.

Approaching NYF's 30th anniversary in 2020, we're now investing in the core operations — creating the solid foundation for a strong future. With an even more robust funding base, NYF will be able to expand our life changing work: bringing freedom, health, shelter, and education to children and youth in Nepal.

Where the needs can seem overwhelming, we see nearly limitless opportunity to make lasting change. Malnourished, HIV+ and traumatized children are healing through our Nutrition programs, New Life Center, and Ankur Counseling Center. As we ensure young people are safe, healthy, and educated, their lives are forever transformed.

Thanks to you, orphaned and abandoned children are living safely with relatives or at Olgapuri Children's Village. Bright students have the chance to learn through scholarship support and young adults are making an independent future through vocational training. Former indentured girls are leading social change.

These NYF programs are **your gifts in action**. Your generosity makes possible everything described in these pages.

Your support is changing lives in Nepal - and we're so grateful. Thank you.

**Brian Ferrall**Board Chair

Olga Murray Honorary President Som Paneru President

Kelly Anderson CEO

# Freedom

Since 2000, we have rescued nearly 13,000 girls and helped to end the Kamlari practice of bonded labor. With the girls safely home, NYF provides **Freed Kamlari** with vocational training and micro-grants to help these young women find good jobs or establish small businesses and become self-sufficient. (2,263 have completed vocational training to date.)

Through the Freed Kamlari Development Forum formed with NYF support, the girls are developing the leadership, advocacy, and management skills to establish and run their own Cooperatives and savings groups—like the newly elected FKDF Board Committee members in the picture below.



Support

# Health

NYF's **Nutrition Rehabilitation Homes (NRHs)** have been saving the lives of severely malnourished children since 1998. **Nutrition Outreach Camps** greatly expand our reach, offering nutritional education to isolated families living in extremely remote areas.

NYF's **New Life Center (NLC)** provides holistic treatment to children living with HIV/AIDS and their caregivers.

Nepal's first children's counseling program, **Ankur Counseling Center** provides psychological support to traumatized children and educational trainings to caregivers, staff, and community members.

## 389 children and their caretakers received life-saving services at two NRHs nutrition camps served 6,517 NRHs were transitioned to local children and hospitals, as planned: 4,950 Baglung, Butwal, Dailekh, and Dang caregivers children and their caregivers received treatment and education at NLC vouth received counseling for issues including depression, anxiety, abandonment, and self-esteem

# Shelter



Since 1992, NYF has provided a safe home for children who are orphaned, abandoned, or at-risk. Olgapuri Children's Village offers vulnerable children a permanent, loving home where they can thrive and learn in a supportive environment until they achieve self-sufficiency.

Without shelter, children are at risk of trafficking, exploitation, abuse, or worse. **Kinship Care** stipends help desperately poor family members—including grandparents, aunts, and older siblings—keep children safe at home with the resources to provide for their education and well-being.



# from generous friends like

# Education

Creating educational opportunities for youth is at the core of NYF's mission. Priority is given to the most marginalized—including female, disabled, and lower-caste students. As one of the largest non-governmental providers of scholarships in Nepal, we proudly sent nearly 1,400 youth to school with NYF Scholarships in this period.

The primary level students attained an almost 100% pass rate—a significant achievement in a country where more than 60% of students don't make it past the 10th grade!

# 1,387 scholarship students (including Kinship Care) students attended college (including medical school!) 134 new scholarships

# **Vocational Training**

NYF has served over 10,000 youth since establishing our **Vocational Education and Career Counseling** program in 2007. Our scholarships benefit the most needy and vulnerable youth, including: the extremely poor, 'low-caste,' school dropouts, girls and young women, and young men who often are lured by traffickers to work overseas in dangerous and lowwage jobs.

To meet the growing demand for high-quality training, NYF launched the **Olgapuri Vocational School (OVS)** last year as a social enterprise. OVS offers training in high-demand, skilled trades including electrical, plumbing, welding, and carpentry, as well as a caregivers program.



# Early Childhood Development

Shortly after NYF launched our **Early Childhood Development (ECD)** program, the government included ECD in its basic education commitment, reducing the need. In 2019, we concluded this work after five years of improving conditions:

**49** ECDs in **42** community schools in Kathmandu, Lalitpur, Kavre Sindhupalchowk, and Chitwan districts.

Over **1,250** children aged 3-6 benefited from the program, which provided classroom materials, teacher training, and mid-day meals.

# you transforms lives.







## Fiscal Year Ended June 30, 2019 [1]

Grants & Contributions \$2,428,710

Investment & Interest Income (net gain) \$60,508

Total \$2,489,218

### Expenses[2]

 Programs
 \$1,857,361

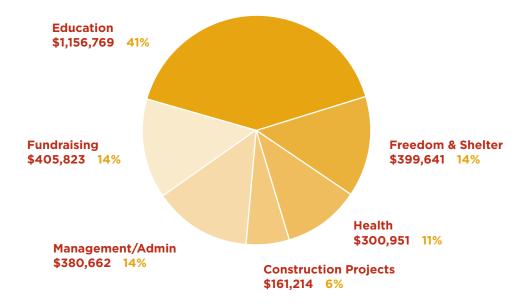
 Construction Projects
 \$161,214

 Management/Admin
 \$380,662

 Fundraising
 \$405,823

 Total
 \$2,805,061

For 990 Tax Returns and Audited Financial Statements, please visit www.nepalyouthfoundation.org



We're proud that NYF is Top Rated by GreatNonprofits, and that our commitment to excellent practices earns us Gold status with Guidestar and a 100% transparency rating on Charity Navigator.







#### **Board of Directors**

Chair of the Board

Som Paneru, *ex officio*President

Kelly Anderson, *ex officio*Chief Executive Officer

Olga Murray

**Founder and Honorary President** 

Ianya Bodde
Saskia Bowers van der Stap
Christopher Heffelfinger, *Secretary*Gina Parker
Nick Prior
Greg Rosston, *Treasurer*Haydi Sowerwine

## **Advisory Board**

Stacy Chen
Stu Harden
Andrea McTamaney
Dan Rheiner
Flizabeth Share

<sup>[1]</sup> This is a preliminary summary. The audited financial statement will be available in March 2020.

 $<sup>^{\</sup>hbox{\scriptsize [2]}}$  Includes construction projects for which donations were received in prior fiscal years.





## Deepak

See more on **Health** inside.

Pale and lethargic, "Deepak" was brought to the NRH from an NYF outreach camp. In addition to being malnourished (weighing just 16 pounds at 17 months old), his severe anemia required two months of treatment. With nutritious food, Deepak reached his normal weight of 24 pounds and is happy and healthy. His mother says, "I did not know I could feed dark green leafy vegetables and citrus fruits to the children. I had heard that such food caused colds. Now I realize these are the medicines for the children."



## Anisha

See more on **Freedom** inside.

"Anisha" was sold into servitude at age 10 and worked as a domestic servant for six years. Rescued by NYF, she completed a specialized 15-month training and found a well-paying job as an engineering project manager in her village. Anisha says, "I am so happy and thankful to NYF for giving me the freedom from slavery and bringing me this far in life."



## Bishal

See more on **Education** inside.

"Bishal's" family moved to Kathmandu from eastern Nepal to seek dialysis treatment for his father, who fell ill while working abroad. Living in a cramped hut, the entire family relied on his mother's meager wages as a servant. Seeing their predicament, NYF stepped in, offering Bishal a Day School Scholarship. He's now regularly attending school and thriving.



# Roshan and Tika See more on Shelter inside.

Olgapuri provides a safe haven for children who have already experienced more trauma than most people do in a lifetime. Four-year-old "Roshan" and his five-year-old sister "Tika" are some of the newest children at Olgapuri. With a safe home and supportive environment, their future now looks brighter—especially with their new eyeglasses!



## Asmita

See more on **Vocational Training** inside.

"Asmita's" life took a tragic turn early in her childhood, when both of her parents died. From that point, she was raised to adulthood by a cousin in Pokhara. With much perseverance, Asmita, age 20, now lives in a rented room while attending a three-year Veterinary Science program with a NYF Vocational Scholarship.

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