



nepal
youth
FOUNDATION

Transforming
Lives for
Over 30 Years

Photo credit: Navin Timalsina



Annual Report 2020-21

Love Educates. Love Heals.

Love Builds. Love Frees. **#LoveWorks**

Annual Report 2020-21

At Nepal Youth Foundation, our mission is to provide hope and opportunity to Nepal's most impoverished children by providing them what is every child's birthright: Education, Health, Shelter, and Freedom.

Dear Friends,

On behalf of the entire global NYF team, thank you for the incredible gifts of support we have received during this remarkable, demanding, unforgettable year.

We are truly humbled by the loving generosity, trust, and compassion of the NYF community. Your belief in our shared mission has allowed us to make an extraordinary difference in Nepal - even as the global COVID-19 pandemic confronted us with obstacle after obstacle.

The successes outlined in this report are only a handful of the transformative stories from the past year. Your support has allowed us to keep our promises to the children in our care as well as to respond to crises caused by the pandemic.

In the process, we have learned a great deal we will carry into the future. Team members have learned new skills. We have found new ways to leverage existing resources. And we have discovered more effective ways of connecting communities of young people with the resources they need to make their dreams come true.

We are so excited to share the coming year with you. But until then, we hope you find joy and satisfaction in the life-affirming work you have helped make possible. From all of us at NYF - **Dhanyabad!**

Christopher Heffelfinger Interim Chair
Som Paneru President
Olga Murray Honorary President
Eric Talbert U.S. Executive Director

COVID-19

Community Nutrition Kitchens provided 5,311 meals to 135 kids and 23 adults in locked down communities between June and August 2020.

Our Emergency Lifeline Halfway Home for Women, active from June to July 2020, allowed 23 women to complete a 14-day mandatory quarantine in a safe, women-only space.

Lito for Life, beginning in June 2020 and continuing to the present, provided 6,644 kilograms of nutrient-rich "super flour" made of ground and roasted wheat, soybeans, and corn to hospitals, health posts, assisted living facilities, local nonprofits serving populations at risk for hunger, and free food distribution points.

From April 2021 through September 2021, NYF provided a COVID-19 Isolation Center, including a high-dependency unit, for individuals unable to quarantine safely away from family members. Our team provided life-saving care to 244 patients during this time, many of them children.

Access to Education established 80 digital learning centers in 4 rural municipalities between August and November 2020, allowing 9,684 children to continue their education during lockdown instead of falling behind.

Lito for Life

7,064 kg.

Lito produced, with

6,644 kg.

distributed by the end of June 2021

32

scholarship recipients graduated

0

NYF students dropped out due to inability to access classes online

Over 11,000

people (mostly children) received COVID-19 Emergency Relief

23

women spent their mandatory 14-day quarantine safely at the Emergency Lifeline Halfway Home for Women

244

patients received life-saving services at the COVID-19 Isolation Center

4

rural municipalities

80

satellite learning centers

9,684

students



Photo credit: Ram Babu Rai



Photo credit: Reeta Mahat



Photo credit: Sanjay Maharjan

Education

NYF is one of the largest non-governmental providers of scholarships in Nepal. During the past year, we proudly ensured 654 students (from Kindergarten through medical school) received NYF Academic Scholarships during this period - including the additional support needed to ensure each of them could access courses online during COVID lockdowns.

Simran, 21, was abandoned at a children's home with her siblings when she was very young - but her situation became dire when she aged out of the system at age 18. Simran was a great student but had no way of accessing higher education without help. She is using her NYF scholarship to pursue a bachelor's in Business Studies. She has very high hopes for her future!

Santosh*

Santosh*, 8, lost his father in an electrical accident in February 2021. His grieving mother scrambled to find work, but without even an elementary-level education, she had few options. For months, she had to choose between paying Santosh's school fees and buying food - and Santosh was on the verge of dropping out. Fortunately, the family was referred to NYF. They now have access to important resources, and Santosh is back in the classroom and doing well in his studies.

For young adults who prefer practical jobs training over academic paths, NYF's Vocational Education and Career Counseling program provides services from aptitude testing to resume building to vocational school scholarships. Through Olgapuri Vocational School (OVS), young people can access 3-month certification courses in high-demand trades like plumbing, electrical, welding, carpentry, and more - unlocking career paths leading to economic freedom.

Rajesh*, 22, was working a grueling physical labor job in Malaysia when the pandemic hit. Returning home in early 2020 was hard, as his family relied on his income to make ends meet. When OVS brought a satellite carpentry course to his village, Rajesh signed up - and found he has a gift for furniture making! He and another graduate have now started a lucrative business together - and their work is incredibly popular in their local area.

Shelter

82 children lived safely at Olgapuri Children's Village

Extended families receiving Kinship Care stipends have received close attention during the pandemic, with additional case-by-case support available to ensure good nutrition, stable housing, and educational access for the children in their care.

654 students received NYF Scholarships

305 girls

349 boys



Photo credit: Sajjan Nagarkoti

1,499

children received free nutritional screenings & health care at

3

Nutrition Outreach Camps

and 3

school health clinics

15

children living with HIV required long-term care at the New Life Center



Photo credit: Umesh Regmi

14

OVS Satellite Training Courses held in

6

municipalities

715

young adults received vocational training or technical education (includes 304 Freed Kamatis)

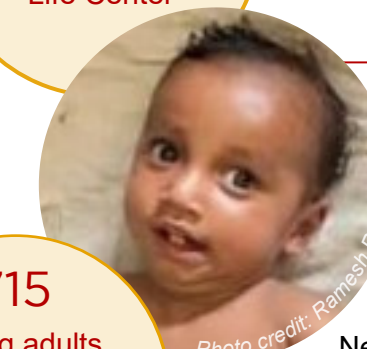


Photo credit: Ramesh Parit

127

children received residential nutritional care at NYF-run NRHs

Nutritional Rehabilitation Homes (NRHs)

address pediatric malnutrition needs throughout Nepal by providing medical and nutritional treatment to severely malnourished children and practical meal prep lessons to caregivers, emphasizing affordable, readily-available ingredients. Our flagship Kathmandu facility also serves as a learning center for health workers throughout the country.

Nutritional Outreach Camps take NRH resources into some of Nepal's most isolated regions, providing health screenings, meal prep & nutrition workshops, and nutritional counseling to families without ready access to nearby hospitals. During the pandemic, Outreach Camps were held in areas of Kathmandu inhabited by families who have experienced the most severe of hardships.

The New Life Center (NLC) provides holistic treatment to children living with HIV/AIDS and their caregivers, including medical support, guidance on accessing free resources, tutoring, and psychological counseling. During the pandemic, care has been delivered from a distance to protect the health of these immunocompromised children.

Ram*

Ram*, 20 months old, was referred to the NRH by a community nutrition organization. He weighed only 12 pounds - the average weight of a healthy 3-month-old in the U.S. Welcoming Ram just a few months before the pandemic began, the new parents had never been able to provide him with enough food to support healthy growth. After two months at the NRH, Ram had gained nearly 7 pounds - and his mother had learned how to sustain his growth. Both mother and child left the NRH healthier and happier!

Nepal's oldest children's counseling program, Ankur Counseling Center, provides psychological support to children experiencing mental illness, trauma, grief, and the stress of the COVID-19 pandemic. They began offering services remotely when the pandemic began and haven't stopped since!

614

community members received mental health training



Photo credit: Suchin Shrestha

167

families with children living with HIV in 7

districts received emergency nutritional relief deliveries

1,951

individual therapy sessions for

230

children & youth

279

group counseling sessions for

409

children, youth & adults

Sailesh*

Star student Sailesh*, 15, lost his father when he was only five, and his mother, coping with mental illness, struggled to provide a stable, healthy home life for her son. Fortunately, Sailesh had an uncle and auntie who were eager to care for him. He has been living with them and his cousin-brother for most of his life. NYF began providing a Kinship Care stipend to the family in 2014, when expenses became overwhelming.

Sailesh is among the top ten students in his class, and support from NYF, including a donated laptop, has allowed him to manage distance learning during the pandemic. His cousin has been using the laptop to access his own classwork as well, and both boys are thrilled to be living safe together as they learn.



Photo credit: Ram Babu Rai

283

Freed Kamlaris received vocational training & start-up support

12,932

girls freed from kitchen slavery and empowered over

20

years

Freedom

The **Empowering Freed Kamlaris** program, originally launched in early 2000 as the Indentured Daughters program, has been one of NYF's most successful projects. Now managed locally by these empowered women themselves through their own nonprofit, the **Freed Kamlari Development Forum (FKDF)**, the work continues to inspire us. NYF proudly provides world-class vocational training opportunities and academic scholarships especially for their community.

For more information on the Freed Kamlaris, please visit www.nepalyouthfoundation.org/maghe-sankranti-2021-study/

21

Freed Kamlaris learned to construct and operate their own eco-friendly greenhouses through the new SAAET training course. Each has already expanded her family's farming capabilities!

Kumari*

Kumari, 24, worked as a kamlari for several years of her early childhood before being freed in 2012.*

Recently, Kumari and several other women in their local FKDF coop group realized that if a group of them could learn industrial tailoring techniques together, they could support each other in a lucrative career without losing their sense of community - and help prevent one another from being exploited in a factory setting. The group approached NYF about whether an industrial tailoring program could be taught through Olgapuri Vocational School (OVS) - and we were happy to help!

Kumari was part of the first group to attend this new training program, held in strict lockdown on the Olgapuri campus. After three months, local factory managers were so impressed that they hired the entire group, offering them an additional three months of on-the-job training. Kumari is now making a steady income, helping to support her family, and saving some of her earnings for the first time in her life. And she is doing so surrounded by supportive friends who speak her language and know how to advocate for women's rights!

Lila

Lila, 26, spent two years as a kamlari before she was identified and rescued by NYF. She launched immediately into her studies, already dreaming of becoming a nurse and a midwife. Supported by NYF scholarships through her college career, Lila proved her strength and determination over and over until she finally landed her dream job at an Auxiliary Nurse Midwife at Bheri Hospital in Nepalgunj - the largest government hospital in the region. During the COVID-19 pandemic, Lila has been a frontline warrior at her hospital, providing critical life-saving care to her community.

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Photo credits: (front cover) Navin Timalisina;
(inside) Sanjo Maharjan, Ram Babu Rai, Reeta Mahat,
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Ghimire & Suchin Shrestha; (financials) Sanjo
Maharjan & Lena Stein; (back) Sanjo Maharjan, Navin
Timalisina, Jagat Ram Tharu & Lila Tharu

*Names have been changed to protect privacy

2020-21 Financial Summary



Fiscal Year Ended June 30, 2021¹

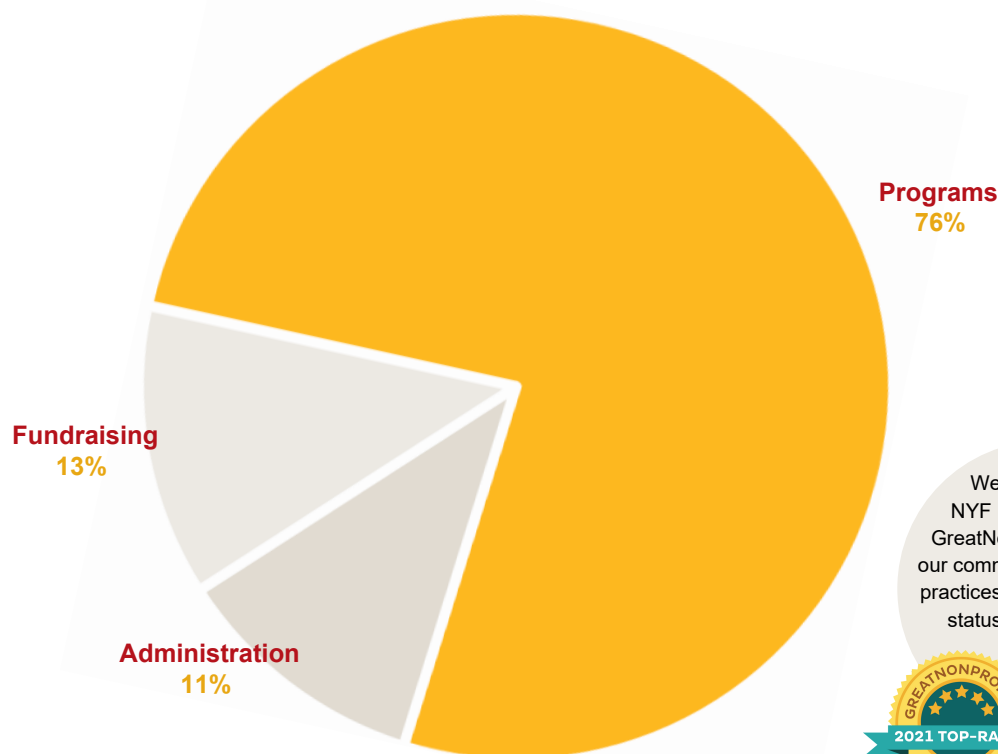
Revenue

Grants & Contributions	\$2,700,242
Investment & Interest Income (net gain)	\$423,342
Total	\$3,123,584

(1) This is a preliminary summary. The audited financial statement will be available in March 2022. For 990 Tax Returns and Audited Financial Statements, please visit www.nepalyouthfoundation.org

Expenses

Programs	\$1,785,834
Administration	\$258,665
Fundraising	\$293,548
Total	\$2,338,047



We're proud that NYF is Top Rated by GreatNonprofits, and that our commitment to excellent practices earns us Platinum status with Guidestar.



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