We're Improving Nutritional Outreach Camps!

Original Model

Held in Remote but Accessible Regions

The regions we served in past years have been quite remote, but we have been limited by unreliable vehicles, the amount of travel time we could invest, and transportation options for sick kids and families.

2-3 Day Camps

Our team used to set up one large camp in a central location within one day's walking distance of several villages. Families had to invest significant time and energy to reach us, and time with each child was limited to ensure everyone was seen.

Limited Community Follow-Up

A major challenge identified by our team has been the inability to provide close follow-up for most families after the camps.

Camps included:

- Open-air informational workshops for all attendees waiting to be screened.
- Personalized nutritional counseling for families of children with mild-to-severe malnutrition.

Only the caregivers of children who traveled to the NRH for care received hands-on training. Only these families receive follow-up house visits. These parents shared what they had learned with neighbors - but we wanted to do more.

Pediatricians at Each Camp

Specialists from Kathmandu hospitals took time out of their schedules to travel with us to remote locations. This:

- Limited our travel time, distance, and camp length.
- Added significant costs to camp budgets.
- Distracted families from nutritional workshops.

Very little medical equipment could be brought along, so most children in need of non-nutritional pediatric care still required referral to nearby clinics for diagnosis and treatment.

New Model

Regions

Held in Very Difficult-to-Access Regions

Thanks to our new all-terrain vehicle and the expanding array of NRHs across Nepal, we are reaching even more difficult-to-access communities than ever before.

Length

5-6 Day Camps

Instead of finding a central location between multiple villages, each day our camp moves to a new venue, visiting each individual village. Families (especially those with sick children!) can reach us more easily, and our team spends more time with each child.

Follow-Ups

Robust Community Follow-Up

Now, following each camp, a field staff member remains in the area for several weeks. This staff member ensures sustainable community change by:

- Visiting each village to conduct longer follow-up nutritional trainings to families, teachers & health care workers.
- Making house calls to those experiencing malnutrition to provide more hands-on training.
- Identifying & screening children who did not attend the camp.
- Arranging more transportation to nearby NRHs.
- Returning to provide more follow-up training several times over the next year.

Specialist Presence

Specialist Referrals & Transportation

NYF's nursing team is qualified to identify children in need of non-nutritional pediatric care. Instead of bringing pediatricians along to camps, our team now comes prepared to coordinate referrals and transport sick kids to the appropriate medical resources, maintaining quality of care.

Children with more "routine" ailments (like eczema, ringworm, and mild skin infections) receive over-the-counter medicines without needing to see a pediatrician.